

Judith Kerr Primary School

Weekly menu

WEEK ONE:



Monday

Tuesday

Wednesday

Thursday

Friday

Quorn & Veg Stir Fry
Served with Egg Noodles

Puerto Rican Style
Chicken
Served with Spicy Rice

Vegetable Lasagna
Served with Wholemeal
Garlic Bread

Beef Bolognese
Served with Wholemeal Pasta

Breaded Fish Fillet
Served with Chips

Red Pepper & Herb Jambalaya
Vegan

African Bean Stew
Served with Spicy Rice
Vegan

Lentil & Vegetable Bolognese

Spinach & Red Onion Quiche
Served with Garlic & Herb New
Potatoes

Red Pepper & Sweet Potato Patty
Vegan

Jacket Potato
Served with a Choice of Fillings

Italian Style Herb & Tomato
Wholemeal Pasta
Served with Blended Beans
Vegan

Jacket Potato
Served with a Choice of Fillings

Italian Style Herb & Tomato W/M
Pasta
Served with Blended Beans
Vegan

Wholemeal Pasta Bake with Roasted
Butternut & Broccoli
Served with Blended Beans
Vegan

Fruit with Yoghurt

Fruit Smoothie

Fruit with Yoghurt

Fruit Smoothie

Fruit with Yoghurt

Fresh Fruit Platter

Fruit with Yoghurt

Cheese & Crackers

Fruit with Yoghurt

Fresh Fruit Platter

Fresh Fruit Platter

Fresh Fruit Platter

Available daily

Please ask the catering manager for food allergen information

A choice of Two Vegetables, Freshly Baked Wholemeal Bread and a selection of Seasonal Salads

Red = Allergen

- All food is freshly prepared on site each day and if any of the 14 common food allergens present, they are listed in red against each menu item and are intended as a guide to help with the choice of meal. For operational reasons it may be necessary to alter a recipe at short notice and therefore **your child or the member of school staff who presents your child at the counter must check each time before being served with the food**
- The Company handles many of the 14 common food allergens in our busy kitchens and so therefore cannot guarantee that our food is 100% free from specific food allergens
- There are foods not on the list of 14 common food allergens which can cause allergic reactions in a small number of people and if your child has such an allergy, **they or school member must check each time before being served with the food.**

Our allergen process is written to protect the welfare of the children.