

Judith Kerr Primary School

Weekly menu



Monday

Tuesday

Wednesday

Thursday

Friday

Linguine with Basil Style Pesto
Vegan

Garlic & Herb Chicken
Served with Roast Potatoes

Vegetable Quesadilla
Served with Spicy Rice

Beef Lasagna
Served with Wholemeal Garlic Bread

Breaded Fish Fillet
Served with Chips

Chick Pea & Aubergine Curry
Served with Brown Rice

Chinese Style Vegetable Chow Mein
(Egg Noodles)

Oven Baked Fish with Dill Sauce
Served with Herby New Potatoes

Courgette & Chickpea Stew
Served with Brown Rice
Vegan

Pea & Mixed Pepper Omelette

Jacket Potato
Served with a Choice of Fillings

Pasta served with a Tomato & Herb
Sauce with Pureed Beans
Vegan

Jacket Potato
Served with a Choice of Fillings

Pasta with a Tomato & Herb Sauce
Served with Pureed Beans
Vegan

Pasta Bake with Aubergine &
Spinach served in a Pureed Bean
Tomato Sauce
Vegan

Fruit with Yoghurt

Fruit Smoothie

Fruit with Yoghurt

Fruit Smoothie

Fruit with Yoghurt

Fresh Fruit Platter

Fruit with Yoghurt

Cheese & Crackers

Fruit with Yoghurt

Fresh Fruit Platter

Fresh Fruit Platter

Available daily

Please ask the catering manager for food allergen information

A choice of Two Vegetables, Freshly Baked Wholemeal Bread and a selection of Seasonal Salads

Red = Allergen

- All food is freshly prepared on site each day and if any of the 14 common food allergens present, they are listed in red against each menu item and are intended as a guide to help with the choice of meal. For operational reasons it may be necessary to alter a recipe at short notice and therefore **your child or the member of school staff who presents your child at the counter must check each time before being served with the food**
- The Company handles many of the 14 common food allergens in our busy kitchens and so therefore cannot guarantee that our food is 100% free from specific food allergens
- There are foods not on the list of 14 common food allergens which can cause allergic reactions in a small number of people and if your child has such an allergy, **they or school member must check each time before being served with the food.**

Our allergen process is written to protect the welfare of the children.