

## Judith Kerr Primary

### Week 1 Lunch Menu

#### Monday

Penne Arribbiata

Spaghetti in Herb and  
Tomato Sauce with  
Parmesan

Jacket Potato with a Choice  
of Fillings

Fresh Cauliflower with Fine  
Green Beans

Salad Selection

Fresh Fruit Platter

Fruit Yoghurt

#### Tuesday

BBQ Chicken

Aubergine, Chick Pea and  
Potato Balti

Vegetarian Rosti

Steamed Basmati Rice

Fresh Citrus Carrots with  
Sweetcorn

Salad Selection

Fresh Fruit Platter

Fruit Smoothie

#### Wednesday

Sauerbraten

Vegetarian Stroganoff

Jacket Potato with a Choice  
of Fillings

Parsley Potatoes

Braised Cabbage with  
Courgettes

Salad Selection

Orange and Apple Wedges

Fruit Yoghurt

#### Thursday

Linguine with Pesto and  
Parmesan

Cheddar and Red Onion  
Quiche

Vegetarian Stir Fry

Roast Potatoes

Fresh Broccoli and  
Cauliflower Mix

Salad Selection

Fresh Fruit Platter

Fruit Smoothie

#### Friday

Breaded Fish Fillet

Vegetable Roll

Crustless Quiche

Chunky Chips

Baked Beans  
Garden Peas

Salad Selection

Fresh Fruit Platter

Fruit Yoghurt

## Judith Kerr Primary

### Week 2 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Pasta Neapolitan	Oriental Stir Fry with Noodles	Beef Bolognese	Chicken Fajita	Pizza Margherita
Leek and Lentil Pie	Chick Pea and Vegetable Tagine	Sauté Sweet Potato with Mixed Beans	Linguine with Herby Tomato and Fresh Salmon	Thai Style Fishcake
Jacket Potato with a Choice of Fillings	Mixed Bean Ratatouille	Spinach and Potato Bake	Jacket Potato with a Choice of Fillings	Vegetarian Sausages
Fresh Cauliflower with Garden Peas	Steamed Basmati Rice	Spaghetti	New Potatoes in Garlic and Herbs	Chunky Chips
Salad Selection	Fresh Broccoli Citrus Carrots	Braised Carrots with Savoy Cabbage	Roasted Butternut Squash Fine Green Beans	Baked Beans Sweetcorn with Garden Peas
Fresh Fruit Platter	Salad Selection	Salad Selection	Salad Selection	Salad Selection
Fruit Yoghurt	Melon and Orange Wedges	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter
	Fruit Smoothie	Fruit Yoghurt	Fruit Smoothie	Fruit Yoghurt

## Judith Kerr Primary

### Week 3 Lunch Menu

#### Monday

Baked Chicken Sausages  
with Braised Onions

Feta and Vegetable Parcel

Jacket Potato with a Choice  
of Fillings

Creamed Potatoes

Braised Cabbage  
Roasted Parsnips

Salad Selection

Fresh Fruit Platter

Fruit Yoghurt

#### Tuesday

Moroccan Style Kofte

Pan Fried Fish

Pasta Neapolitan

Steamed Basmati Rice

Braised Carrots with  
Sweetcorn

Salad Selection

Orange and Apple Wedges

Fruit Smoothie

#### Wednesday

Macaroni Cheese

Vegetable Lasagne

Jacket Potato with a Choice  
of Fillings

Fresh Vegetable Medley

Salad Selection

Fresh Fruit Platter

Fruit Yoghurt

#### Thursday

Teriyaki Chicken

Vegetarian Shepherd's Pie  
with Sweet Potato Mash

Black Eyed Bean and  
Vegetable Chilli

Steamed Basmati Rice

Fresh Broccoli  
Citrus Carrots

Salad Selection

Fresh Fruit Platter

Fruit Smoothie

#### Friday

Panini Choice

Cheddar and Potato  
Pinwheel

Spanish Omelette

Chunky Chips

Garden Peas  
Baked Beans

Salad Selection

Fresh Fruit Platter

Fruit Yoghurt

